

demeter

Mathilde Simonneaux
*Ferme de la Rocheraie, Brittany,
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EAT MORE
LOVE



you will grow



Biodynamic farming is one of the most sustainable and regenerative forms of agriculture in the world. Demeter is the brand for certified products from biodynamic farming. Find out about our food quality and our principles!

One important principle is how we care for biodiversity – collaborating with nature’s stakeholders.

DEMETER
PRINCIPLE

BIODIVERSITY IS PRICELESS

Biodynamic farmers promote and preserve biodiversity through good practices like polycultures, crop rotations, virgin forests, long-term grassland, water bodies, shelter for insects and birds and wildlife protection. At least 10% of the farmland is at least left wild and dedicated to biodiversity. Chemical pesticides and herbicides are prohibited.



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Habitat, retreat, a place to breed, food source – Demeter farms can offer all this to wild animals and insects with their meadows, fields and hedges. In this way, we contribute our share to stabilising ecosystems. I love listening to the humming and buzzing in the fields, watching insects and birds visiting our flower beds, and being at home here.”

Learn more about all our principles online!



www.demeter.net
www.you-will-grow.net

